

In the Name of God

Curriculum Vitae (Last Updated: 2016, February)

Personal Information

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Educational Information

1986-88: Associate Degree of Nursing (Zahedan University of Medical Sciences, Iran)

1989-91: BSc of Nursing (Zahedan University of Medical Sciences, Iran)

1992-95: MSc of Mental Health Nursing (Isfahan University of Medical Sciences, Iran)

2003-06: PhD of Counseling and Guiding (Isfahan University of Medical Sciences, Iran)

Positions

Academic Position: Associate Professor

Affiliation: Department of Mental Health Nursing, School of Nursing & Midwifery, Zahedan University of Medical Sciences, Iran

- Faculty member (Zahedan University of Medical Sciences, School of Nursing & Midwifery) 1995-Until now

- Deputy for Finance and Research of Nursing and Midwifery School of Zahedan University of Medical Sciences (1999-2007)

- Head of the Board of Directors of Nursing Organization-Zahedan Branch (2003-2007)

- Dean of Nursing and Midwifery Faculty, Zahedan University of Medical Sciences (Since 2010)

Published Articles in Last 5 Years

1- Navidian A, Kermansaravi F, Ebrahimi Tabas E, Saeedinezhad F. Efficacy of group motivational interviewing in the degree of drug craving in the addicts under the methadone maintenance treatment (MMT) in South East of Iran. Archives of Psychiatric Nursing. 2016;30(2):144-149.

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2- Navidian A, Ebrahimi H; Keykha R. Supportive nursing care and satisfaction of patients receiving electroconvulsive therapy: A randomized controlled clinical trial. Iranian Red Crescent Medical Journal. 2015;17(9):e27492.

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3- Navidian A, Rostami Z, Rozbehani N. Effect of motivational group interviewing-based safety education on Workers' safety behaviors in glass manufacturing. BMC public health. 2015;15(1):1.

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4- Navidian A, Yaghoobinia F, Ganjali A, Khoshsimae S. The effect of self-care education on the awareness, attitude, and adherence to self-care behaviors in hospitalized patients due to heart failure with and without depression. PloS One. 2015;10(6):e0130973.

<http://www.ncbi.nlm.nih.gov/pubmed/26091101>

5- Sarhadi M, Navidiyan A, Fasihi Harandi T, Kheykhae A. Assessment of psychosocial needs of the family members of the patients hospitalized in ICU and CCU. Journal of Critical Care Nursing. 2014;6(4):251-260.

http://www.inhc.ir/browse.php?a_code=A-10-528-4&slc_lang=en&sid=1

6- Navidian A, Kermansaravi F, Imani M. The relationship between weight-efficacy of life style and overweight and obesity. Iranian Journal of Endocrinology and Metabolism (IJEM). 2012;14(6):556-563.

<http://en.journals.sid.ir/ViewPaper.aspx?ID=338755>

7- Moudi Z, Tabatabaeii MG, Saeedi ZA, Vedadhir AA, Baheiraei A, Navidian A. Measuring women's expectations of childbirth care services in a developing country: development and validation of scales. Journal of Public Health. 2012;20(5): 541-548.

<http://link.springer.com/article/10.1007%2Fs10389-011-0484-5>

8- Navidian A, Kermansaravi F, Navvabi Rigi S. The effectiveness of a group psycho-educational program on family caregiver burden of patients with mental disorders. BMC Research Notes. 2012; 5(1):399.

<http://www.ncbi.nlm.nih.gov/pubmed/22853873>

9- Navidian A, Ebrahimitabas E, Esmaili G, Yousefi N, Arbabisarjou A. Comparison of the effectiveness of two family therapy approaches based on mindfulness therapy and metacognitive therapy on marital intimacy among divorce applicant clients. International Archives of Medicine. 2015;8(174):1-17.

<http://imed.pub/ojs/index.php/iam/article/view/1251>

- 10- Navidian A, Ebrahimitabas E, Yousefi N, Arbabi Sarjou A. A comparative study of intelligence in children of consanguineous and non-consanguineous marriages and its relationship with holland's personality types in high school students of Tehran. *International Archives of Medicine*. 2015;8(167):1-8.
<http://imed.pub/ojs/index.php/iam/article/view/1246>
- 11- Navidian A, Bahari Zaheden F. Burden experienced by family caregivers of patients with mental disorders. *Pakistan Journal of Psychological*. 2008;23(1):19-28.
<http://www.pjprnip.edu.pk/pjpr/index.php/pjpr/article/viewFile/80/62>
- 12- Kermansaravi F, Navidian A, Navvabi Rigi S, Yaghoubinia F. The relationship between quality of work life and job satisfaction of faculty members in zahedan university of medical sciences. *Global Journal of Health Science*. 2015;7(2):228.
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- 13- Ebrahimi H, Navidian A, Keykha R. Effect of supportive nursing care on self-esteem of patients receiving electroconvulsive therapy: A randomized controlled clinical trial. *Journal of Caring Sciences*. 2014;3(2):149-156.
<http://www.ncbi.nlm.nih.gov/pubmed/25276758>
- 14- Navidian A, Bahari F, Kermansaravi F. The Relationship of Interpersonal Conflict Handling Styles and Marital Conflicts Among Iranian Divorcing Couples. *Global Journal of Health Science*. 2014;15;6(6):245.
<http://www.ncbi.nlm.nih.gov/pubmed/25363128>
- 15- Navvabi Rigi S, Navidian A, Safabakhsh L, Safarzadeh A, Khazaian S, Shafie S, Salehian T. Comparing the analgesic effect of heat patch containing iron chip and ibuprofen for primary dysmenorrhea: A randomized controlled trial. *BMC women's health*. 2012;12(1):25.
<http://bmcwomenshealth.biomedcentral.com/articles/10.1186/1472-6874-12-25>
- 16- Kermansaravi F, Navidian A, Kaykhaei A. Critical thinking dispositions among junior, senior and graduate nursing students in Iran. *Procedia-Social and Behavioral Sciences*. 2013;83:574-579.
<http://www.sciencedirect.com/science/article/pii/S1877042813011762>
- 17- Saeedi ZA, Tabatabaie MG, Moudi Z, Vedadhir AA, Navidian A. Childbirth at home: A qualitative study exploring perceptions of risk and risk management among Baloch women in Iran. *Midwifery*. 2013;29(1):44-52.
<http://www.ncbi.nlm.nih.gov/pubmed/22172740>
- 18- Askari H, Azizzadeh Forozi M, Navidian A, Haghdoost A. Psychological reactions of family members of patients in ctical care unitsin zahedan. *Journal of Research & Health*. 2013;3(1):317-324.
http://jrh.gmu.ac.ir/files/site1/user_files_6a63b6/alinavidian-A-10-153-2-89f5ba8.pdf
- 19- Rahimi H, Navidian A, Arbabisarjou A, Aghababaei R. The analysis of knowledge conversion processes in the university and its relationship with psychological empowerment among faculty members. *Interdisciplinary Journal of Contemporary Research in Business*. 2012;4(1):920-934.
<http://journal-archievs18.webs.com/920-934.pdf>
- 20- Ebrahimi H, Navidian A, Keykha R. Effect of supportive nursing care on self-esteem of patients receiving electroconvulsive therapy: A randomized controlled clinical trial. *Journal of Caring Sciences*. 2014;3(2):149-156.
<http://www.ncbi.nlm.nih.gov/pubmed/25276758>
- 21- Vafadar Z, Reazei R, Navidian A. Effectiveness of motivational interviewing on the weight self-efficacy life style in overweight and obese teenager boys. *Journal of Behavioral Sciences*. 2014;8(2):185-193. [Persian]
http://www.jbs.ir/browse.php?a_id=1561&sid=1&slc_lang=en
- 22- Navidian A, Bahari F, Kermansaravi F. The relationship of interpersonal conflict handling styles and marital conflicts among iranian divorcing couples. *Global Journal of Health Science*. 2014;6(6):245-251.
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- 23- Navidian A, Bahari F. The impact of mixed, hope and forgiveness-focused marital counselling on interpersonal cognitive distortions of couples filing for divorce. *Journal of Psychiatric and Mental Health Nursing*. 2014;21(7):658-66.
<http://www.ncbi.nlm.nih.gov/pubmed/23574306>
- 24- Sarhadi M, Navidiyan A, Fasihi Harandi T, Kheykhaee A. Assessment of psychosocial needs of the family members of the patients hospitalized in ICU and CCU. *Journal of Critical Care Nursing*. 2014;6(4):251-260.
http://www.inhc.ir/files/site1/user_files_662776/eng/mahdieh-A-10-528-4-4d78eb9.pdf
- 25- Navidian A, Bahari F. The impact of mixed, hope and forgiveness-focused marital counselling on interpersonal cognitive distortions of couples filing for divorce. *Journal of Psychiatric and Mental Health Nursing*. 2014;21(7):658-666.
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- 26- Kerman Saravi F, Navidian A, Navvabi-Rigi Sh-D , Montazeri A. Comparing health-related quality of life of employed women and housewives: A cross sectional study from southeast Iran. *BMC women's health*. 2012;12(1):41.
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- 27- Shahraki-Sanavi F, Rakhshani F, Navidian A, Ansari-Moghaddam A. A study on attitude of pregnant women with intention of elective cesarean based on theory of planned behavior. *Zahedan Journal of Research in Medical Sciences*. 2012;14(9):95-7.
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- 28- Sarhadi M, Sheikhbardsiri H, Navidian A, Sarhadi R, Abdollahyar A. The survey of patient safety culture among nurses in hospitals affiliated to Zahedan university of medical sciences in 2014. *Report of Health Care*. 2015;1(1):28-38.
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